

President's Message May 2014

Dear Members

he season has certainly changed and I am enjoying this wonderful rain and coolness after so much heat. Gardens seem to improve overnight.

In my last message I touched on the violence in our society and regretfully it is a fact in our otherwise wonderful country. My thoughts now turn to the horror and heartache being felt by the families of the Nigerian girls who have been abducted and whose whereabouts are unknown. A high price for girls to pay for wanting an education and freedom instead of a life of slavery and servitude.

During the month some of our members have assisted Judith Parker to attend her daily medical appointments. It has provided time for a chat and some reminiscing to make Judith's day as easy as possible. Judith still has many weeks of treatment ahead of her so will need ongoing support.

The speaker at our April General Meeting was Maureen Betts to tell us about the work of the Inner Wheel Club. This group is very focused on fund raising for various charities and concerning themselves with such issues as Cord Blood research. It was breathtaking to listen as Maureen told of the amount of work which this small group has achieved and already has planned for the future. As the name implies this group was originally connected to Rotary but are now a separate identity.

Members present at the meeting enjoyed an afternoon tea that followed the cutting of a Birthday cake to celebrate NCWWA 103 years since our first General Meeting in Government House Ballroom Paddy Firstenberg did the honours as she was the longest serving member present.

It is essential that all members assist with fund raising. Our two major expenses being rent of our office and insurance. I urge you all to attend the film on 8th June at the Cygnet Theatre in Como and bring family and friends with you.

I represented NCWWA when speaking at the Inner Wheel Club of Kalamunda. Members enjoy an evening meal before hearing from the guest speaker. Their monthly general meeting follows, as this time frame allows any members in employment to attend. I spoke on the structure of NCW then moved into the early history of NCWWA and concluded with many of the last decade's activities and our immediate program. At the conclusion many questions were asked, especially regarding the work of the Standing Committees.

As I write this we are celebrating the National Volunteer Week and I am very aware that many of you give so much of your time in the service of others. Our community depends on volunteers for so many services to be viable and although none of us expects any reward it is gratifying that some recognition is given for the many hours contributed.



In this edition:

- p1: Presidents Message
- p2: Member Profile
- p3 FYI
- p4: Member's Matters
- p4: Affiliate Member's reports
- p5: Coming events
- p5: Date of next general meeting
- p5: Book Club

Sorry Day will be observed on 26th May. Many functions are planned by Aboriginal groups and I hope that you may find time to attend a function near you. For those of us attending the Mid Term Conference we will have Aboriginal representatives with us on the day.

As domestic violence and violence against women is an ongoing concern it is of great interest to see that function is to be held at Burswood Park where men will participate by "walking a mile in her shoes". The men will attempt to do so wearing red high heeled shoes. Many high profile men are to attempt this activity and I feel that anything which highlights this violence against women is to be applauded.

Congratulations to Affiliate Member Partners of Veterans Association WA who recently advocated for and were granted the 9th May for observance of Post Traumatic Stress Disorder. Well done, ladies, I believe some of you were in parliament when the matter was debated and decision handed down. Having just had the State and Federal budgets handed down I do hope that the changes have not adversely affected you.

Marion Ward.

MEMBER PROFILE

Sally Warner

was born in Brighton, England. My parents were keen to leave the cold and find a new life for my brother and me so in 1965 we immigrated to Perth, Western Australia. We set sail on the "Fairsky" from Southampton. Life on the ocean waves was clearly not for me. I arrived in Fremantle one dress size smaller which was not such a bad thing. Our first surprise was the one room hut that my family, were to share for ten weeks at Point Walter Hostel. Very different from the multi level cosy home that we had left behind. We were all ready for the adventure so we just got on with it.

School was the next difference. I had come from a grammar school built in semi-rural setting. We were required to wear different shoes inside the school from those that we had worn to get to school. They were intent on preserving the polished floor boards. Summer and winter also required a completely different uniform of clothes.

At Point Walter I was required to walk through the bush, then across a golf course before catching a bus into Fremantle to attend the John Curtin High School annex at the Princess May school. The highlight of the day was returning back to the camp so that I could swim until dusk.

Just before I went completely feral Mum and Dad bought a house in Shenton Park into which we moved just before Christmas and just in time for school holidays. I happily attended Hollywood High School finishing my schooling with my Leaving and Matriculation. It was several years before I put them to good use. I went to work for the PMG instead.

I had by then met my soon to be husband. He had been back from the war in Vietnam for a couple of years. We are still married and have a son and daughter of whom we are immensely proud. For my husband though the war is never very far from his thoughts.

I stayed working with the PMG through its many changes until it finally became Telstra. I studied part time at Curtin University and attained a Commerce Degree. I was invited onto the Board of API Leisure and Lifestyle and have remained there over twenty years having been both State and National President.

I have been a member of Partners of Veterans WA Inc since 2003. They give me great support and it was through them that I became associated with NCWWA.

I am back at Curtin University studying part-time again but this time it is Psychology that has my interest. I do not know where it will take me but as my son once told me just after he bought his motor bike that, "Life is about the journey not the destination Mum".

Sally

Treasurer

For your information

Inner Wheel was represented by Maureen Betts at the April General Meeting of NCWWA.

Maureen told us about support for Cord Bank Research by raising 1.9 million dollars. Inner wheel has given 33 Research Grants to Doctors all over Australia who are currently researching many uses for cord blood including:

- *Leukemia and many blood disorders
- *Stroke and Heart Disease
- *Group 1 Diabetes
- *Other Auto Immune Diseases
- *Cystic Fibrosis and Cerebral Palsy
- *Prostate Cancer



The umbilical cord which is the lifeline between mother and baby during pregnancy is now the lifeline curing many life threatening diseases. Cord blood is blood left in the placenta and umbilical chord after birth. It can now be donated, collected and delivered to the Blood Bank and may be used to save lives.

Support for Cord Blood Research is the National Project of Inner wheel Australia. Inner Wheel clubs and districts help fund this research with a National Appeal called **COIN FOR A CORD.**



Thank you for sharing this information with NCWWA.





Protect yourself, protect your loved ones—get the flu shot.

Western Australians are being encouraged to take advantage of this year's flu vaccine in the lead up to the winter flu season to avoid catching and passing on the virus to vulnerable groups.

Communicable Disease Control Director Dr Paul Armstrong says because influenza viruses are always changing, scientists try to match the flu vaccine to the influenza strain most likely to cause the flu each year, making it important to have the vaccine every flu season.

People who are particularly susceptible to influenza include children aged six months to five years, Aboriginal people aged 15 years and older, pregnant women, people aged 65 years and older and those with chronic medical conditions. These groups are eligible for a free flu vaccine, available from GPs, Aboriginal Medical Services and community immunisation clinics (attendance at some private clinics may incur a fee).

For more information visit <u>healthywa.wa.gov.au</u>



MEMBER'S Matters

TODAY TONIGHT – Monika Kos

Janni Goss has been interviewed by Monika Kos regarding her Jelly Time program for children. We are still waiting for the interview to go to air. A notice will be on our facebook page when it happens.

Treasurer and Secretary Support Persons

Please consider whether you, or someone you know, would be able to help the Executive Committee through assisting the office bearers holding these positions.

Best wishes to all members attending the NCWA mid-term conference.





Alice Springs 27 – 29 May 2014 Chifley Resort

Theme: Caring for women, caring for the world





For more information and interaction with NCWWA please check out the web page and join our stories on NCWWA face book.

AFFILIATE MEMBER'S Reports

SORRY DAY Monday 26 May

A vareity of activities will be held in WA to celebrate this sensitive day for the indigenous and non indigenous communities throughout the nation. Affiliate member delegate and UNWA member Joan Mann will be attending these celebrations.

National Association of Jewish Women of Australia

A Mother's day Breakfast will be held on Sunday 25 May at the Jewish Centre, Woodrow Ave, Yokine. 10.30 am. The speaker is Mrs Marshall, mother of Nobel Laureate, Barry Marshall

Girl Guides Association WA

Paddy Firstenberg reported the celebrations for the centenary of Girl Guides Western Australia will begin on 28 June 2014.

We look forward to publishing updates from all NCWWA <u>Affiliate Members</u>. Please send your reports to the office <u>ncwwa@iinet.net.au</u> and help us to get to know your organisation better.



ATTENTION ADVISORS!

PLEASE HAVE ANNUAL

REPORTS IN THE OFFICE BY

31 MAY 2014

DATE OF NEXT GENERAL MEETING

Monday 23 June 2014 1.00pm

Rod Evans Community Centre 160 Hay St East Perth

The guest speaker is

Pauline Dixon

ExecutiveDirector

NCWWA Affiliate Member

Wanslea Family Services



Sunshine on Leith

Cygnet Cinema, Como Sunday 8 June, 1.00pm Cost \$15

Tickets available from NCWWA Office: 9325 8897 or email ncwwa@iinet.net.au or from the next General Meeting

BOOK CLUB



The next book club will be held at Rod Evans Community Centre

Wednesday 18 June 1.00pm

The book

Fields of Gold

and

The French Promise

by

Fiona McIntosh

Publisher Penguin books

(The club members obviously enjoyed this author!)

Lunch available on order

For further information Phone Joan Shenton 9364 6830

FUNDRAISING

THE 2014 Entertainment Book



Now available to our members and friends

Over \$10, 000 worth of vouchers can be purchased for only \$65.

Purchase through Daphne Thatcher, email ncwwa@iinet.net.au
or phone the office 9325 8897.

POST SCRIPT!

The Keynote Speaker for the NCWA Mid Term conference in Alice Springs is

Senator Michaelia Cash.

No doubt she will be very interesting.